



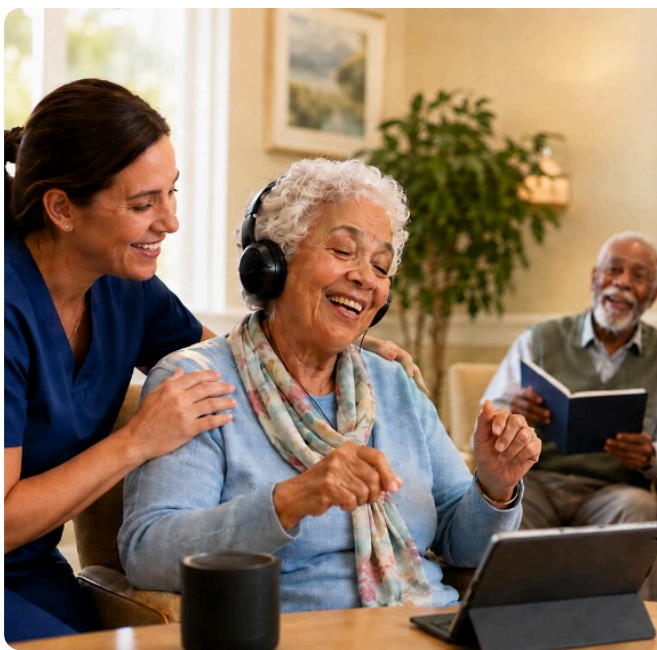
On the latest Coro Chronicles, we sat down with **Amy Wallace, Corporate Director of Life Enrichment at American House** and in her very first podcast appearance, she shared a story worth hearing.

Amy's path to senior care didn't start with a job. It started at age four in rural Indiana, where her closest neighbors were elders. She spent her days going house to house learning to crochet Christmas ornaments with one neighbor, gardening with another, so often that her mother would literally call house to house at dinnertime just to figure out where she was.

"I just can't imagine doing anything else in my life besides spending time with seniors." That instinct grew into an 18-year career at American House. Along the way, residents became some of her greatest teachers. And her advice to anyone working in senior care is simple: **SHOW UP FULLY!**

"The program you create, the conversation you have, or the smile you bring into a room may mean far more than you ever realize."





141 studies reviewed

Music does more than entertain



5 ways music supports older adult wellbeing

- Boosts mood & calm
- Builds social connection
- Supports memory & cognition
- Strengthens identity & meaning
- Supports caregivers, too

A simple tool for connection, participation, and care.

A review of 141 studies found that music can benefit older adults in five key ways: cognitive and physical support, social connection, emotional wellbeing and identity, caregiver wellbeing, and greater accessibility and participation. For people living with dementia, **music was linked to better mood and calmness, less aggression and depression**, more social interaction, and moments of clarity and identity.

And the impact doesn't stop with the listener. **Music can strengthen connection between residents and caregivers** and positively shape the atmosphere of an entire care environment by creating not just a moment of listening, but a moment of connection, recognition, participation, and belonging.



How Music Trivia Supports Memory, Conversation, and Connection

For many older adults, music is tied to important life experiences. A song may bring back a school dance, a wedding, a favorite radio show, a road trip, a family gathering, or a specific season of life. When music is paired with trivia, those memories can become part of a group experience that feels joyful, social, and meaningful.



Different Meals Need Different Energy

Lighting, seating, service, noise levels, and music all contribute to the dining atmosphere. When music is selected with purpose, it can help create a space that feels more welcoming and appropriate for the moment.



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I am presenting at the
**ICAA
CONFERENCE
AND EXPO 2026**

November 17–19
Renaissance Orlando at SeaWorld
Orlando, Florida

David Schofman
CEO & Founder
Coro Health

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"SOUND DECISION: DINING MUSIC AS A STRUCTURED WELLNESS PROGRAM"

Music shapes the dining experience.
At ICAA 2026, we're making the case for giving music a purposeful seat at the wellness table. What we hear can change how we feel, connect, and engage.

Coro Health
CERTIFICATE
Of Music Compliance

Awarded to
Your Community

In recognition of full license compliance with all major music agencies, including ASCAP, BMI, SESAC, GMR, and SoundExchange, for MusicCare, FaithFirst & EnrichFirst services.

David Schofman
CEO, CORO HEALTH

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YOUR CERTIFICATE OF COMPLIANCE

From senior living to home health to acute care, every community using Coro Health music services receives a Certificate of Compliance and it isn't just paper on a wall.

When you display your certificate, you're telling the world you don't just meet a standard. **You set one.**

[REQUEST YOUR CERTIFICATE](#)

