MUSIC TIME TRAVEL | NEW WEBSITE | DID YOU KNOW | GO ICON | SUPERAGERS | PEPTALK

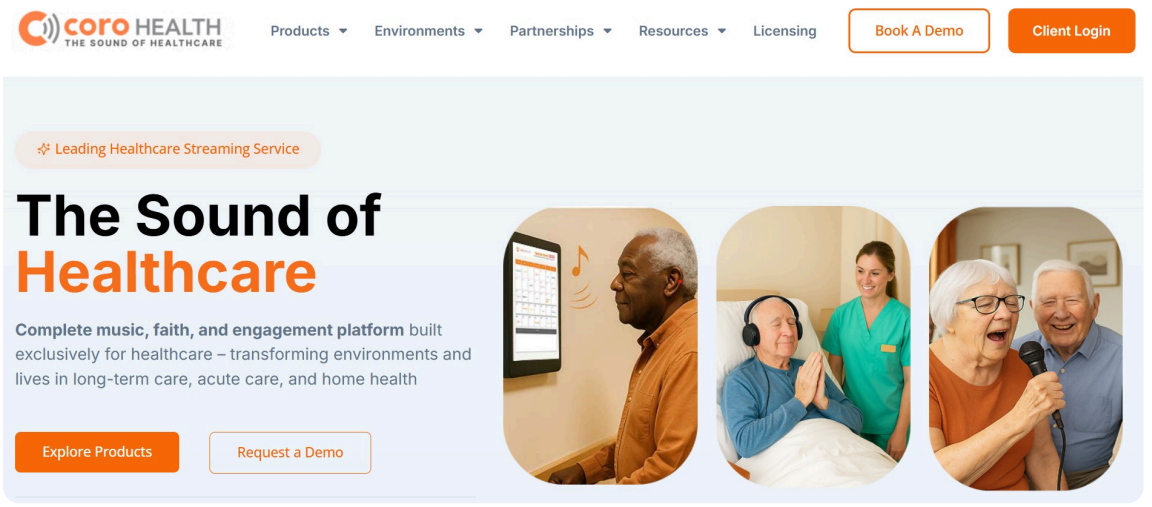
HOW MUSIC UNLOCKS WHAT TIME CAN'T ERASE

As a new year begins, reflection comes naturally. We revisit the moments that shaped us whether joyful, tender, or unforgettable. And few things unlock those memories faster than music.

Ever hear a song and feel it land straight in your chest?

Suddenly, you're back on a long drive, at a celebration, in a quiet moment you didn't realize would stay with you. Science tells us why. Music activates the medial prefrontal cortex the part of the brain where our life stories are stored. That's why one song can reconnect us to an entire experience: love, loss, comfort, pride, or hope.

So when a song catches you off guard whether it brings a smile, a tear, or both pause and take it in and know that your brain is simply reminding you... **THIS MATTERED.**



Our new Coro Health Website is live! You'll notice CoroHealth.com looks fresh, but it's still powered by the same hearts, mission, and faithful Coro Health team you know and trust.

Behind the refreshed design are more tools for you: direct login access, clear service explanations, and shareable resources you can use with prospects, in your own newsletters, and across social media.

The site works for you—so you can focus on what matters most: care in the air.

👉 Take a look and start using it today.

DID YOU KNOW...

Coro Health powers overhead systems for hundreds of senior living communities, helping them reduce costs, consolidate vendors, and stay compliant.

Your overhead speakers aren't just background noise—they're a powerful care tool. Those same speakers can be connected directly to MusicFirst, CARE Radio, or any Coro Health audio service, **transforming what's "just playing" into *care in the air*.**

Every song you hear through Coro is broken down to its **musical DNA** based on tempo, mood, memory cues—so it's placed intentionally within a program designed for meaning and purpose in your community.

The result? Music that sets the **pace of the room**, the **cadence of footsteps**, and the emotional tone of daily life. When used intentionally, overhead speakers stop being something on the ceiling—and start becoming one of your most impactful wellness tools. ***What's coming through your sound system matters.***

Book a Demo

Our own Debi Finn was honored to join the Go Icon conversation, alongside a panel of strong female leaders, focused on leading the longevity revolution through purposeful, meaningful care experiences.

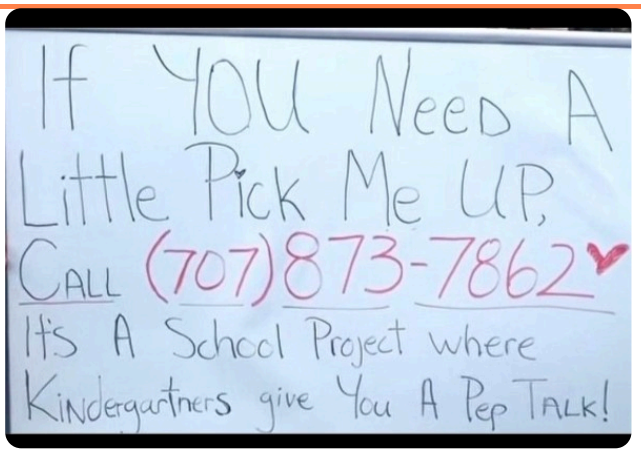
WATCH NOW

"SUPERAGERS" DON'T HACK LONGEVITY, THEY DEFINE IT!

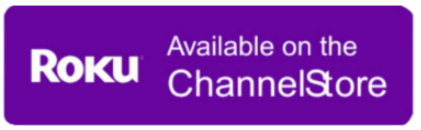
A new Guardian article on “Superagers” confirms what Coro Health has championed for years: music, singing, social connection, spiritual grounding, and joyful routines keep minds sharp and spirits strong.

At Coro Health, we don’t add these habits, we weave them into the air, turning everyday moments into powerful tools for longevity and meaning.

👉 Read the Guardian article and discover the science behind Superaging.



We were recently introduced to a simple, beautiful idea: kindergartners offering pep talks. Because we all have moments when we need a kind voice and a little encouragement.

📞 Call 707-873-7862 for a smile, a boost, and a reminder that you're not alone.

Coro Health Available on