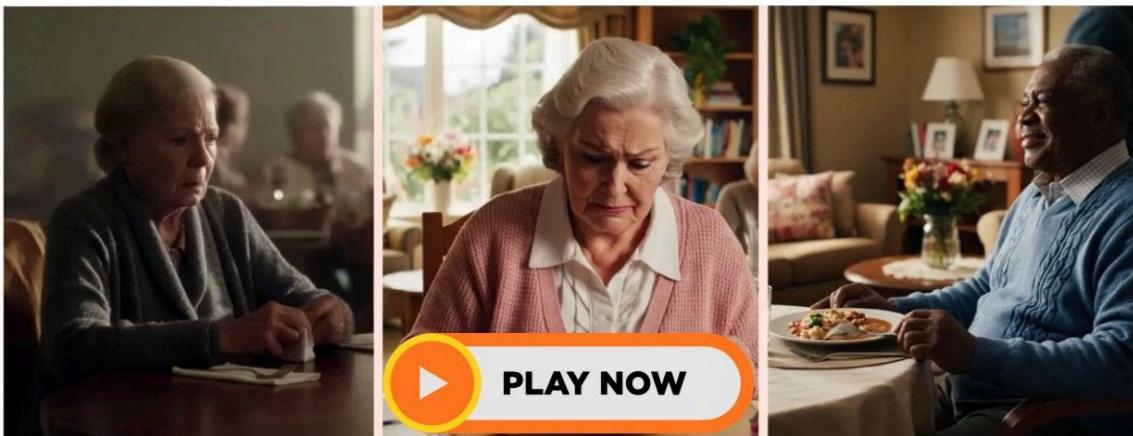




SAME MENU, DIFFERENT STORY | SUNRISE SENIOR LIVING | PODCAST REUNION | HOLIDAY

YOU DON'T READ IT ON THE MENU. YOU FELL IT AT THE TABLE.



This thought-provoking [video](#) transports you from unsettling to familiar in a matter of seconds. It doesn't ask, "What do you think?" It asks something far more powerful: "What do you feel?"

Almost immediately, you begin to notice things you've likely never questioned before. **Emotion conveyed through sound.** And that's the point.

The **ICAA Culinary, Nutrition and Hospitality Think Tank Report** reminds us that dining programs are among the most emotionally resonant services in senior living, directly influencing satisfaction, connection, and quality of life.

This [video](#) quietly **challenges leaders** to reconsider something deceptively simple: If dining is a culture center, not a cost center, what unseen elements are shaping the experience every single day?

[You may never walk into a dining room the same way again.](#)

Reference: International Council on Active Aging Culinary, Nutrition and Hospitality Think Tank Report, 2025. Sandy Todd Webster, MSFS.

VALIDATION WITH SUNRISE SENIOR LIVING- HEATHER EASTERLING



HEATHER EASTERLING



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THE CORO CHRONICLES
PODCAST

In this deeply moving episode we sit down with [Heather Easterling of Sunrise Senior Living](#), whose voice carries the rare authority of both professional leadership and lived caregiving.

Heather shares how validation-centered approaches can transform outcomes, why life enrichment and engagement deserve true clinical respect and how caregivers must extend grace to themselves as fiercely as they offer it to others.

This conversation is a love letter to caregivers everywhere, a call to advocacy, and a powerful reminder that joy, laughter, empathy, and human connection are not “extras” in care — they are essential to healing, dignity, and quality of life.

[“We are clinical partners in mental health, engagement, and quality of life and data now proves it.”](#)



[Full List of Coro Chronicles Episodes Here](#)

We are deeply grateful for every guest who joined us in our kickoff year of The Coro Chronicles podcast. Your honesty & heart reminded us that true impact isn't about titles, it's about **people, purpose, and the courage to care**.



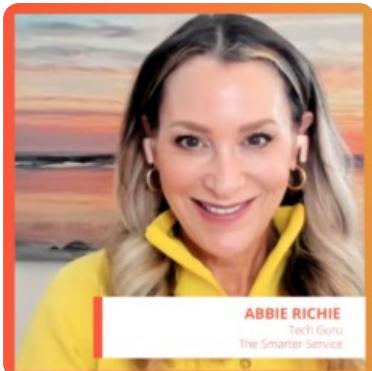
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Co-Founder & CEO



[Chaplain Elisa Bosley](#)
Founder SpiritualEldercare



[LYNNETTE RAUVOLABOUTA](#)
St. Joseph of the Pines
Chaplain / Mission & Spiritual Care Manager



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[HANUKKAH](#)



CHRISTMAS PROGRAM OPTIONS

We know you're busy - if you just need a quick, easy list of Christmas programs from Coro Health, click below.

[CHRISTMAS](#)



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LONG SLEEP ARE
THE TWO BEST CURES
FOR ANYTHING."**

– IRISH PROVERB

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