

SILVERADO SENIOR LIVING

- a. Improved resident ability to wake: **54%**
- b. Improved residents' ability to fall asleep: **67%**
- c. Resident became more engaged: **47%**
- d. Resident displayed increased energy: **7%**
- e. Resident displayed a decreased agitation: **34%**
- f. Resident displayed decreased wandering: **14%**
- g. Resident displayed decreased depression: **20%**

Satisfaction level with the resident environment during dining (prior to MusicFirst)

- a. Very satisfied: **36%**
- b. Moderately satisfied: **65%**
- c. Not satisfied: **0%**
- d. NA: 1 person

Satisfaction with the resident dining environment with MusicFirst?

- a. Yes: **100%**
- b. No: 0
- c. NA: 1 person

What are the biggest differences you have noticed since implementing MusicFirst in the dining room?

- a. Minimized negative behaviors: **50%**
- b. Minimized agitation: **22%**
- c. Increased appetite: **15%**
- d. Created a positive environment: **72%**
- e. None of the above: 0
- f. Other: 0

NA: 1

Would you recommend Coro Health and MusicFirst to others?

- a. Yes: **100%**
- b. No

NA: 1

If answered yes to the above question to whom would you recommend this service?

Other caregivers: **39%**

Your friends: **39%**

Facility administrators: **70%**

Activity directors: **70%**

NA: 2

Have you included MusicFirst as part of your activities within the community?

- a. Yes: **79%**
- b. No: **15%**

NA: 1

If yes, please make your selections below to show how the following behaviors have been affected during activities

- a. Participation: increased: **65%** decreased: 0% no change: **22%**
 - b. Agitation: increased: 0% decreased: **65%** no change: **22%**
 - c. Enjoyment increased: **72%** decreased: 0 no change: **8%**
 - d. Negative Behaviors increased: 0 decreased: **50%** no change: **22%**
 - e. None: 0
 - f. Other:
 - Involvement: 1 increase
 - Positive Environment: 1 increase
 - Ease with Redirecting: 1 increase
- NA: 1

Silverado Sugarland: Stories

1) Caregiver: She mentioned to Donna that **Mr Hoarse struggles with finishing his meals. He is fed by a caregiver and on the first or second day of music it was pointed out that "he cleaned his plate" while listening to music in dining area.**

2) Caregiver: She mentioned that she worked over the weekend and noticed a number of times residents joining in the common area and singing: Elvis, Beatles, and others that are also her favorites... She said they all started singing and having a great time.

3) Caregiver for Jimmy Jones: She shared how Jimmy is difficult to get to sleep, he gets agitated, and fusses with his blanket and pillows. **Since having music she has seen great improvement with him getting to sleep and he no longer struggles with going to bed.** It's not only easier on him, but it's been a great support for her. She also mentioned the same results of a female resident who has had the same sleep struggles and how music has been a great support.

4) Caregiver: She shared how she feels the way the system automatically comes on and is scheduled for each person is a huge help.

5) Caregiver from Hickory joined our meeting and asked if we could please bring a unit into Hickory for them to use.

6) Caregiver: Mentioned she had not heard music from the dining room unit and didn't want to touch it. Recommendation: print out the dining room schedule (+ lobby area) and place in a frame so people can see the full schedule for the common area units. If they see music is scheduled to play -- they will be more comfortable to check the "volume knob" or Play On-Demand if needed.

7) Day of install: A Family walked into Laras office and shared how they learned from David in 2 mins how to use the system and they loved it "its so easy to use" & plan on using it during their visits.

8) Amanda: shared that she witnessed a family who was in a room with their loved one on who was on Hospice and from her observation the music was a wonderful support for not just the loved one, but the family as well.

9) Multiple caregivers have stopped me after a meeting to ask me about purchasing a tablet for their home. Many of them are caregivers for an elder family member.

10) Caregiver on talked about how she was helping a male resident get ready and she had decided to turn the music OFF and he became very upset and directed her to turn 'his music' back on. She was amazed by this and vowed to him that she would never turn 'his music' off again.

11) Donna & Debi went into Mr Wilbur's room checking on his unit & noticed it was unplugged. He said that the woman who was singing had rocks in her throat & didn't like it. After a few moments of just chatting about music, Mr Wilbur shared he liked Bing Band Swing & Glen Miller. We made updates to his MusicPerscription that delivered more Big Band Swing & Glen Miller. When we went back into his room & hit "play" within seconds he said "Keep it on" and as we walked out he stopped us and said "Thank you"

Comments on the Questionnaires:

- Claire Wright: improved ability to fall asleep
- Jimmy Jones: improved ability to fall asleep
- Carol S: improved ability to fall asleep
- Mr Castaneda: has become more engaging, and holds hands/touches caregivers. Music has helped him sleep & wake.
- Depending on the types of residents in the facility cause not all is adapting to certain residents.
- Mr. Jimmy Jones: it has been so much easier to get Mr Jones to sleep. He doesn't try to get up any longer.
- Mr. Hector & Mr Ricardo are roommates & they love their music. Its easier to wake them with the music coming on. Mr Hector loves to dance.